

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>"EVEN A BROKEN CLOCK IS RIGHT TWICE A DAY"</p> <p>"THE CLOCK IS RUNNING. MAKE THE MOST OF TODAY. TIME WAITS FOR NO MAN. YESTERDAYS HISTORY. TOMORROW IS A MYSTERY. TODAY IS A GIFT. THAT'S WHY IT'S CALLED THE PRESENT." -ALLICE MORSE EARLE</p> <p>LOCATION OF ACTIVITIES WILL BE ANNOUNCED AT 8:30AM</p>	<p>ADULT COLORING SHEETS, COUPON CUTTING, COLORING PENCILS, MEMORY CHESS, CROSSWORDS PUZZLES, DECK OF CARDS, NEWSPAPERS, MAGAZINES, BOOKS, FACETIME CALLS, MANICURES, MUSIC VISITS, DOMINOS, BEAUTY VISITS, MOVIE, WRITING MATERIAL ARE SOME OF THE SUPPLIES & INDIVIDUALIZED ACTIVITIES.</p>	<p>HAMILTON PLAZA NURSING & REHAB 56 HAMILTON AVE. PASSAIC NJ. 07055 TEL: (973) 773-7070 FAX: (973) 773-3171 DEPARTMENT MANAGERS C.E.D-JACK LEVY P.N-CNE-JUNE SALES B.O.D EMILY BANKS D.O.S.S SANDRA MERINO D.O.R-MILAGROS NEGRON D.O.A-JALEXI GUERRERO D.D.S-MARILYN BUSIL M.S-NOEL GARCIA RUPAL PARIKH-UNIT MANAGER (2ND FL) MICHELLE LAFOREST-UNIT MANAGER (1ST FL) VISITS ARE SCHEDULED BY SOCIAL SERVICES.</p>				<p>1 NAME YOUR CAR DAY 9:30 Morning Announcements 10:00 Café Uh La La D1 10:30 Chaircise D1 11:00 Bean Bag toss D1 11:45 Lunch Assistance 1:30 Happy Tunes 1st floor 2:00 Bingo D1 3:30 Saturday Snacks D1</p> 
<p>2 NATIONAL UNITY DAY 9:30 Sunday Announcements 10:00 Coffee Cart D1 10:30 Cow Chips D1 11:00 Arm Stretches D1 11:45 Lunch Set Up D1 1:00 Football Sunday TV1 1:30 Union Baptist D1 2:00 Bingo D1 3:15 Sunday Snacks D1</p> 	<p>3 8:30 Morning Announcements 10:00 Caffeine Booster D1 10:15 Aromatherapy TV1 10:30 Sing-along D1 11:00 Chachasice D1 11:45 Lunch set up D1 12:00 Gentle Touch TV1 1:30 Catholic Services D1 2:00 Communion (Hallway) 2:00 Pretty Nails D1 3:30 Monday Snacks D1 6:30 Bingo D1</p>	<p>4 TACO TUESDAY 8:30 Hallway Announcements 10:00 After Breakfast Club D1 10:15 Enhance Your Senses TV1 10:30 Basketball D1 10:45 Music Soothes D1 11:00 Body movements D1 11:45 Lunch set up D1 12:00 Gentle Touch TV1 2:00 Menu Planning D1 2:30 Making Tacos D1 3:30 Pretty Nails D1 6:30 Bingo D1</p> 	<p>5 NATIONAL INNER BEAUTY DAY 8:30 Morning Announcements 10:00 Rise-n-Shine w/Coffee D1 10:15 Serene Tranquility D1 10:30 Buck the chickens D1 11:00 Shake, rattle and roll D1 11:45 Lunch set up D1 12:00 Gentle Touch TV1 2:00 Sip and paint w/melodious Tunes and bites D1 3:30 Afternoon Chat D1 4:00 Room Visits (1st Fl) 6:30 Bingo D1</p> 	<p>6 NATIONAL PIEROGI DAY 8:30 Hallway Announcements 10:00 After Breakfast Club 10:15 Unwind Session D1 10:30 Target Toss D1 11:00 Limber Bodies D1 11:45 Lunch set up 12:00 Gentle Touch TV1 2:00 Polka party w/pierogies D1 3:30 Afternoon Chat D1 4:00 Room Visits 1st Fl. 6:30 Bingo D1</p> 	<p>7 PINK DAY 8:30 Morning Announcements 10:00 Smell The coffee D1 10:15 Serene Tranquility D1 10:30 Mystery Flick D1 11:00 Passive range of motion D1 11:45 Lunch set up 12:00 Gentle Touch TV1 1:00 Breast cancer Fundraiser 2:00 Fall is here w/Frankie D1 3:00 Rootbeer Floats D1 3:00 Sweet Visits1st floor</p> 	<p>8 9:30 Saturday Hellos 10:00 I Love These Tunes D1 11:00 Chair Dancing D1 11:30 Lunch Set Up D1 11:45 Lunch Assistance D1 1:30 Gather Around 1st floor 2:00 Bingo D1 3:30 Saturday Snacks D1</p> 
<p>9 9:30 Gather Around 1st floor 10:00 Coffee Delight D1 10:30 Target Loto D1 11:00 Jazzercise D1 11:30 Lunch Set Up D1 1:00 Football Game D1 1:30 Kurt Franklin Religious FunkD1 2:00 Bingo D1 3:15 Sunday Snacks D1 4:00 Afternoon Movie D1</p> 	<p>10 THANKSGIVING DAY (CANADA) 8:30 Morning Announcements 10:00 Smell the Coffee D1 10:15 Serene Tranquility TV1 10:30 Columbus Trivia D1 11:00 Body stretches D1 12:00 Gentle Touch D1 11:30 Columbus Day Luncheon D1 1:30 Catholic Services D1 2:00 Columbus Day w/Allan D1 3:15 Monday Snacks D1 6:30 Bingo D1</p> <p>US. COLUMBUS DAY!</p> 	<p>11 NATIONAL M&M'S DAY 8:30 Morning Announcements 10:00 Rise-n-Shine D1 10:15 Unwind Session TV1 10:30 Bean Bag Toss D1 11:00 Move to the Tune D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Activity Planning D1 2:15 Busy Bees D1 2:35 Pamper day D1 3:30 Warm up afternoon D1 4:00 Room Visits (1st Fl) 6:30 Bingo D1</p> 	<p>12 NATIONAL DESSERT DAY 8:30 Continental breakfast 10:00 Smell the Coffee D1 10:15 Enhance Your Senses TV1 10:30 Balloon Volley D1 11:00 Shake, Rattle & Roll D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Pumpkin Painting D1 2:00 Making Cookies D1 4:00 Room Visits (1st Fl) 6:30 Bingo D1</p> 	<p>13 GLOBAL HANDWASHING DAY 8:30 Morning Announcements 10:00 Morning Dew D1 10:15 Soothing Touch TV1 10:30 Basketball D1 11:00 Move to the Tune D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Sing-along D1 3:00 Soup Soothes The Soul D1 4:00 Room Visits 1st Fl. 6:30 Bingo D1</p> 	<p>14 8:30 Morning Announcements 10:00 Sunshine Club D1 10:15 Unwind Session TV1 10:30 Mystery Movie D1 11:00 Let's Get Active D1 11:45 Lunch Assistance 12:00 Gentle Touch TV1 2:00 Banana Splits D1 2:15 Bingo D1 3:00 Let's Chat D1 3:00 Sweet Visits1st floor</p> 	<p>15 9:30 Saturday Hellos 10:00 Saturday Brews D1 11:00 Stretchercise D1 11:45 Lunch Assistance D1 12:00 Lunch Set Up D1 2:00 Bingo D1 3:30 Afternoon Booster D1</p> 
<p>16 NATIONAL CHOCOLATE CUPCAKE 9:30 Gather Around 10:00 Coffee Uh La La D1 10:30 Roll Those Dice D1 11:00 Salsacise D1 11:30 Lunch Set Up D1 1:00 Football Game D1 1:30 Baptist Services D1 2:00 Bingo 3:30 Chocolate Cupcakes 4:00 Afternoon Movie D1</p> 	<p>17 NATIONAL SEAFOOD BISQUE DAY 8:30 Morning Announcements 10:00 Coffee Social D1 10:15 Enhance Your Senses TV1 10:30 Beachball Game D1 11:00 Limber Bodies D1 12:00 Gentle Touch D1 1:30 Catholic Services D1 2:00 Day at the Spa D1 3:15 Monday Snacks D1 6:30 Bingo D1</p> <p>ROSS'S DAY</p>  <p>NATIONAL BOSS DAY</p>	<p>18 NATIONAL BRANDIED FRUIT DAY 8:30 Morning Announcements 10:00 Smell the Coffee D1 10:15 Enhance Your Senses TV1 10:30 Current Events D1 10:45 Hot Potato D1 11:00 Stretching to the Music D1 11:30 Trip to Chinese Buffet 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Let's Keep Busy D1 2:00 Pretty Nails D1 3:15 Snack Time 4:00 Room Visits (1st Fl) 6:30 Bingo D1</p> 	<p>19 PUMPKIN CHEESECAKE DAY 8:30 Morning Announcements 10:00 Rise-n-Shine D1 10:15 Unwind Session TV1 10:30 Basketball D1 11:00 Movement Therapy D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Indoor Italian Festival D1 3:15 Italian Trivia D1 4:00 Social Visits 1st Fl. 6:30 Bingo D1</p> 	<p>20 NATIONAL NUT DAY 8:30 Morning Announcements 10:00 Smell the Coffee D1 10:15 Sensory Sing-along TV1 10:30 Talk-n-Toss Ball D1 11:00 Shake, Rattle & Roll D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Bowling D1 3:00 Thursday Snacks D1 4:00 Room Visits 1st Fl 6:30 Bingo D1</p> 	<p>21 8:30 Morning Announcements 10:00 Café Uh La La D1 10:15 Soothing Messages TV1 10:30 Name that Tune D1 11:00 Arm Strokes D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:15 Ice Cream & Boston Creme Social D1 3:00 Let's Chat D1 3:00 Sweet Visits1st floor</p> 	<p>22 NATIONAL FOOD DAY 9:30 Saturday Hellos 10:00 Saturday Boost D1 10:30 Music, Music Music D1 11:00 Chair Dancing D1 11:45 Lunch Assistance D1 12:00 Lunch Assistance D1 1:30 Gather Around D1 2:00 Bingo D1 3:15 Afternoon Snacks D1</p> 
<p>23 10:00 Coffee Delight D1 10:30 Sing a long 11:00 Jazzercise 1:00 Football Game 2:30 Bingo 3:30 Hot Cocoa & Cake</p>	<p>24 NATIONAL PUMKIN DAY 10:00 Morning Joe D1 10:30 Balloon Volleyball D1 11:00 Shake, Rattle & Roll D1 1:30 Catholic Services D1 2:00 Pretty Nails D1 6:30 Bingo D1</p> <p>31 10:00 Dunk Your Donuts D1 10:15 Aromatherapy TV1 10:30 Sing-along D1 11:00 Halloween Stretches D1 1:30 Catholic Services D1 2:00 Monster Bash D1 3:00 Staff Costume Parade D1 6:30 Bingo D1</p> 	<p>25 NAVY DAY 8:30 Morning Announcements 10:00 Café Uh La La D1 10:30 Bean Bag Toss D1 11:00 Stretching to the Music D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Resident Council D1 2:30 Lady's Glam Squad 2:15 Let's Keep Busy (Rooms) 4:00 Room Visits (1st Fl) 6:30 Bingo D1</p> 	<p>26 NATIONAL CHOCOLATE DAY 8:30 Morning Announcements 10:00 Coffee Clutch D1 10:30 Hang Man w/Trivia D1 11:00 Zumbacise D1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Harvest Afternoon w/ Harp Tunes D1 3:00 A taste of fall D1 4:00 Social Visits 1st Fl. 6:30 Bingo D1</p> 	<p>27 NATIONAL CAT DAY 8:30 Morning Announcements 10:00 Coffee Uh La La Rounds 10:30 Test Your Smarts 11:00 let's all exercise 11:45 Lunch Assistance 2:00 Caribbean Birthday w/Selah D1 3:00 Love that Music D1 4:00 Room Visits (1st Fl) 6:30 Bingo D1</p> 	<p>28 NATIONAL CANDY CORN DAY 8:30 Morning Announcements 10:00 Caffeine Rush D1 10:30 Mystery Movie D1 11:00 Passive Range of MotionD1 11:45 Lunch Assistance D1 12:00 Gentle Touch TV1 2:00 Bingo D1 3:00 Let's Chat D1 3:00 Sweet Visits1st floor</p> 	<p>29 9:30 Saturday Hellos 10:00 Café Uh La La rounds 10:30 Chaircise 11:00 Spelling Bee 11:45 Lunch Assistance 1:45 Music Soothes 2:00 Bingo 3:15 Afternoon Snacks</p> 